



TAFARN FFOSTRASOL ARMS



EVENING MENU

CWRS CYNTAF – STARTERS

PRAWN COCKTAIL WITH BROWN BREAD*	£6.75
SAUTÉ GARLIC MUSHROOMS IN A CREAM AND WHITE WINE SAUCE <i>v</i>	£6.75
Served with a crusty roll	
SWEET CHILLI CHICKEN STRIPS	£6.95
HOMEMADE SOUP OF THE DAY*, <i>ve</i>	£6.75
FRIED CALAMARI WITH A SWEET CHILLI DIP	£6.95

PRIF GWRS – MAIN MEALS

Main meals are served with a choice of vegetables, side salad or peas, and chips, rice, ½ and ½, jacket potato, new potatoes, or mash, (unless otherwise stated).

HOMEMADE BUTTERNUT SQUASH, SWEET POTATO AND LEEK CURRY <i>ve</i>	£11.50
Marinated butternut squash and sweet potato in a mild curry paste with leek onion and tomatoes	
HOMEMADE CHICKEN CURRY <i>gf</i>	£12.75
Succulent chicken breast cooked in a mild curry paste with tomatoes and onions	
CHEF'S MUSHROOM TAGLIATELLI <i>v</i>	£11.95
Pan fried mushroom with cream, garlic and parsley tossed with tagliatelle (not served with sides)	
HOMEMADE BEEF LASAGNE	£12.95
Served with garlic bread and side salad	
BATTERED COD.....	£13.50
Fillet of cod fried in our homemade beer batter served with a minted pea purée.	
SEABASS <i>gf</i>	£14.95
Pan fried fillet of seabass served with an onion, tomato, garlic, white wine and cream sauce	
BBQ RIBS	£12.25
Fall off the bone pork ribs coated in a rich BBQ glaze	
HOMEMADE PIE OF THE DAY	£12.95
HOMEMADE FARMERS' CHICKEN <i>gf</i>	£14.95
Succulent chicken breast served with a bacon, leek, white wine, and cream sauce	
HOMEMADE LAMB SHANK <i>gf</i>	£18.50
Slow cooked lamb shank served with a rosemary, red wine and mint jus	

BWYD O'R GRIDELL – GRILLS

All chargrilled and cooked to your liking and served with tomato, mushrooms, onion rings and a side salad

10oz GAMMON STEAK*£15.75
served with egg, pineapple or both (+70p)

10oz SIRLOIN STEAK*£24.25

16oz SIRLOIN STEAK*£27.50

10oz RIBEYE STEAK*£22.25

16oz RIBEYE STEAK*£25.50

MIXED GRILL*£25.50
includes 5oz steak, 5oz gammon, chicken breast and a sausage

Choose from chips, new potatoes, or jacket potato to accompany your meal.

ADD A SAUCE£3.25
(Pepper, Dianne, or Mushroom Sauce)

BWYDLEN PLANT – KIDS MENU

CHOOSE ONE OF:

Nuggets, Sausage, Scampi, Ham *gf*, 4oz
Burger, Glamorgan Sausage *v*

ADD:

Beans, Peas, Egg, Side Salad, or Cheese

ADD:

Chips, Smiles, Mash, New Potatoes

£6.50

SPAGHETTI BOLOGNAISE

£7.25

BWRGER – BURGERS

FFOS BURGER£11.95
6oz beef burger with cheese, tomato, lettuce, bacon served in a sourdough bun.

FFOS CHICKEN BURGER£11.95
Succulent chicken breast with bacon, tomato and lettuce served in a sourdough bun.

Served with a side salad, onion rings and a choice of chips, new potatoes, or jacket potato to accompany your meal.

SALAD

A mix of lettuce and salad mix tossed in a light dressing topped with:

KING PRAWNS *gf*.....£10.95

SALMON *gf*.....£10.95

GRILLED CHICKEN *gf*.....£9.95

CAMAMBERT ROUNDS *v*.....£8.95

YCHWANEGIADAU – SIDE ORDERS

PORTION OF CHIPS*£2.95

LARGE BOWL OF CHIPS*£6.00
(add 4 sausages or 10 chicken nuggets for £2.00)

GARLIC BREAD.....£3.00
(add cheese for 60p)

ONION RINGS.....£2.90

COLESLAW *gf, v*.....£1.30

PLEASE ASK A MEMBER OF STAFF FOR SPECIALS

gf – GLUTEN FREE

* - CAN BE MADE GLUTEN FREE UPON REQUEST

v – VEGETERIAN

ve - VEGAN

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